



# HAT DAY

Friday 22nd May

**'Don't Keep Dementia  
Under Your Hat'**

Gather your friends, family, and colleagues to take part in our Hat Day campaign this Dementia Action Week. Whether you craft a creative hat or simply throw on one of your favourites, every hat worn is a statement of support.

**Donate  
Today!**

**Raise awareness**

**Raise funds**

**Raise your hat!**



Find out more or donate to the campaign visit:  
[www.dementiaforward.org.uk/hat-day/](http://www.dementiaforward.org.uk/hat-day/)