



# Filey CE Nursery and Infants Academy

*PSHE at our school incorporates the National Curriculum and our specific contextual needs.*

Our PSHE curriculum is rooted in our school values and our understanding that children learn best when they feel safe supported and celebrated.

School DSL: Hannah Stubbs

School PSHE Lead: Katrina Ring

Pastoral and Wellbeing Lead: Julie Roen

## We aim to...

Support all children in achieving their full potential, have high aspirations and believe in themselves.

Support all children to develop the knowledge and skills which will enable them to access the wider curriculum and prepare them to be a global citizen as they grow.

Promote the spiritual, moral, cultural, mental and physical development of all pupils to prepare them for all opportunities, responsibilities and experiences in later life.

Cover resilience, mental health, emotional literacy, social skills, British Values, SMSC and contextual safeguarding concerns.

Support children's development of a clear and wide understanding of the diverse world in which we live.

## What does PSHE look like at Filey?

Our curriculum takes a spiral approach ensuring opportunities to revisit previous themes, adequate progression within and across year groups and content delivery in an age-appropriate manner including necessary language and terminology. Lessons are planned to be purposeful and engaging with teachers using their professional judgement on the best way to deliver and record content in a way that is most suitable for their class.

### Me Within My World

Who am I and how do I fit in?  
Understanding my behaviour and my choices.

### Being Healthy and Safe in My World

Being and keeping healthy and safe.

### People in My World

Respect for similarities and differences.  
Anti-bullying and being unique.

### Growing Up in My World

Coping positively with change.  
Me and my body as I grow.

### My Dreams and Goals

Aspirations, how to achieve goals and understanding emotions that go with them.

### Anti-Bullying

Anti-bullying is a key theme that runs throughout all areas of our curriculum. We work tirelessly to maintain a culture which celebrates differences and each member of our school communities unique qualities. We have a culture of kindness and mutual respect to all rooted in our christian values.

### Zones of Regulation



In September 2024, we implemented the Zones of Regulation across the school to ensure pupils can identify their emotions and have strategies to regulate their emotions. Consistency in displays and language across school means that this approach can be embedded within our school culture. Staff participation in identifying their Zones and regulating their emotions also positively models and normalises this for all.



## Pastoral Support

To ensure sensitive subjects are delivered appropriately, class teachers plan and deliver the PSHE curriculum and are mindful of safeguarding opportunities. Miss Julie Roen is our mental health, wellbeing and pastoral lead. She works with the whole school community to provide support to all. Miss Roen works closely with pupils and families to provide support with wider and specific needs.

## Lyfa

Lyfa is a fantastic online resource used throughout our academy. It enables our pupils to widen their world perspective by exploring topical issues around the world from the perspective of the people who live there. Our pupils travel to a new place around the world each half-term without leaving their classroom.



## PSHE in the Wider Curriculum

PSHE is embedded throughout our whole school culture. E-safety is a key strand within our computing curriculum aiming to support children in becoming safe, responsible and respectful digital citizens of tomorrow. Texts linked to key learning themes and topics are embedded within our reading spine ensuring wider and relatable exploration of PSHE topics outside of weekly PSHE lessons.



## Picture News

As a school we subscribe to Picture News for weekly class collective worship resources. Each week we explore a current news story using Picture News' images and thought provoking questions to aid discussion. The resources are designed to provide opportunities for children to learn from our world and develop respect for others beliefs, feelings and faiths. We encourage exploration, discussion, challenge and inspire children to learn. The full range of British Values are covered throughout the year and the Protected Characteristics are addressed positively to challenge stereotypes.



## NSPCC

Each year we deliver the NSPCC Pantosaurus lessons to support early and age appropriate learning about consent and abuse. Each year we also deliver the NSPCC's Speak Out, Stay Safe assembly resources and supporting lessons. Children are able to name their trusted adults both in and out of school and learn to recognise types of abuse at an age-appropriate level. We support children in understanding the role of the NSPCC and Childline.



## MyHappyMind

Since September 2023 we have implemented the MyHappyMind program to support us in our mission to create a culture of positive mental wellbeing. This programme helps to prepare children for tomorrow's world by building resilient, balance and happy minds.



## Responsive and Contextual

Our curriculum has been rigorously planned and designed to ensure coverage of national curriculum objectives for PSHE and recognised contextual needs within our wider community. Our staff work tirelessly to respond to the ever-changing needs of our pupils and school community. The school DSL, pastoral and wellbeing lead and PSHE lead regularly meet to triangulate and adapt ongoing PSHE planning.

## Assessment and Monitoring

Staff regularly assess children against specifically written school progression documents. The subject lead regularly monitors the delivery and impact of the PSHE curriculum across the school.

