



Filey C E Nursery & Infants Academy

'Inspiring Confident Learners, Reflecting Christian Values'

We endeavour to uphold Christian teaching to:

"Shine as lights in the world and love as Jesus loves us" (Philippians 2:15, John 13.34)

Our school is a Church of England School rooted in 'Compassion, Community and Friendship'.

Rationale

This policy covers our school's approach to Personal Social and Health Education (PSHE). It recognises the need for a planned approach to the teaching of PSHE through a combination of timetabled specific PSHE teaching time, work covered in a cross curricular approach and school activities and events.

Policy Availability

Parents and carers will be informed about the policy through our regular school newsletters and half-termly class letters. The policy will be available via the school website. If you require this policy in paper format, please contact the school office.

Aims and Objectives

As a school we aim to deliver a creative curriculum which promotes moral, spiritual, mental and physical development. The delivery of an effective and broad PSHE curriculum plays an essential role in achieving this. The PSHE curriculum underlies almost every aspect of school, home, and community life. Our plans are rooted in our Church values of "Compassion, Community and Friendship". We offer a scheme of work that aims to equip children with essential skills for life. Through the delivery of carefully planned lessons and wider opportunities we aim to support children in their development of the knowledge, skills and attributes they need to protect and enhance their wellbeing. Children learn how to stay safe and healthy, build and maintain positive relationships, and be able to responsibly participate in the school and wider community around them. We cover a wide range of social and emotional aspects of learning, enabling children to develop self-esteem and confidence, and fosters respect for others and individual differences.

Our long-term curriculum plans cover all the required national curriculum objectives and fulfils the requirements of statutory Relationships, Sex and Health Education (RSHE) and incorporate the Fundamental British Values.

Creating a Safe and Supportive Learning Environment

As a school we create a safe and supportive learning environment by building positive relationships with pupils, and their families. These relationships are built on a foundation of mutual respect, understanding and trust. We promote honest and open communication, encouraging children to share their thoughts, feelings and ideas at all times. Our staff model expectations in their own behaviour and maintain a positive approach to challenges that arise at all times.

We will ensure that where it is recognised or where pupils indicate that they may be vulnerable or at risk, they will get appropriate support by utilising existing school systems such as safeguarding and SENDCo or pastoral support. This policy is informed by the school's Safeguarding and Child Protection Policy.

Entitlement and Equality of Opportunity

As a school we promote the needs and interests of all pupils, irrespective of gender, culture, ability, or personal circumstance by embracing all individual differences. Teaching of PSHE will consider the age, ability, readiness and cultural background of children to ensure that all can fully access PSHE education provision. We will use PSHE education as a tool to address diversity issues and to ensure equality for all by educating children about the world beyond Filey.

We recognise the right for all pupils to have access to PSHE education learning which meets their needs. We will ensure that pupils with SEND receive access to PSHE through the use of targeted teaching and support as and when it is required on an individual basis.

Intended Outcomes

Pupils will be encouraged to actively engage in their learning by providing meaningful opportunities for them to clarify their values and beliefs, and rehearse and develop enquiry and interpersonal skills. We will provide them with a comprehensive, balanced and relevant body of factual information to inform their present and future choices.

As a result of our PSHE programme of learning pupils will be equipped with the knowledge and skills to:

- Be effective and successful learners.
- Make and sustain positive relationships (including friendships);
- Manage strong feelings such as anger, frustration, and anxiety;
- Work and play cooperatively;
- Challenge themselves and recognise and celebrate their own and other's successes;
- Begin to recognise their own rights and the rights of others;
- Understand the value of diversity and differences between people and respect the right of others to have different beliefs and values to their own;
- Understand how their bodies change and develop;
- Know how to stay safe (including online) and where to get help;

Now and in their future lives.

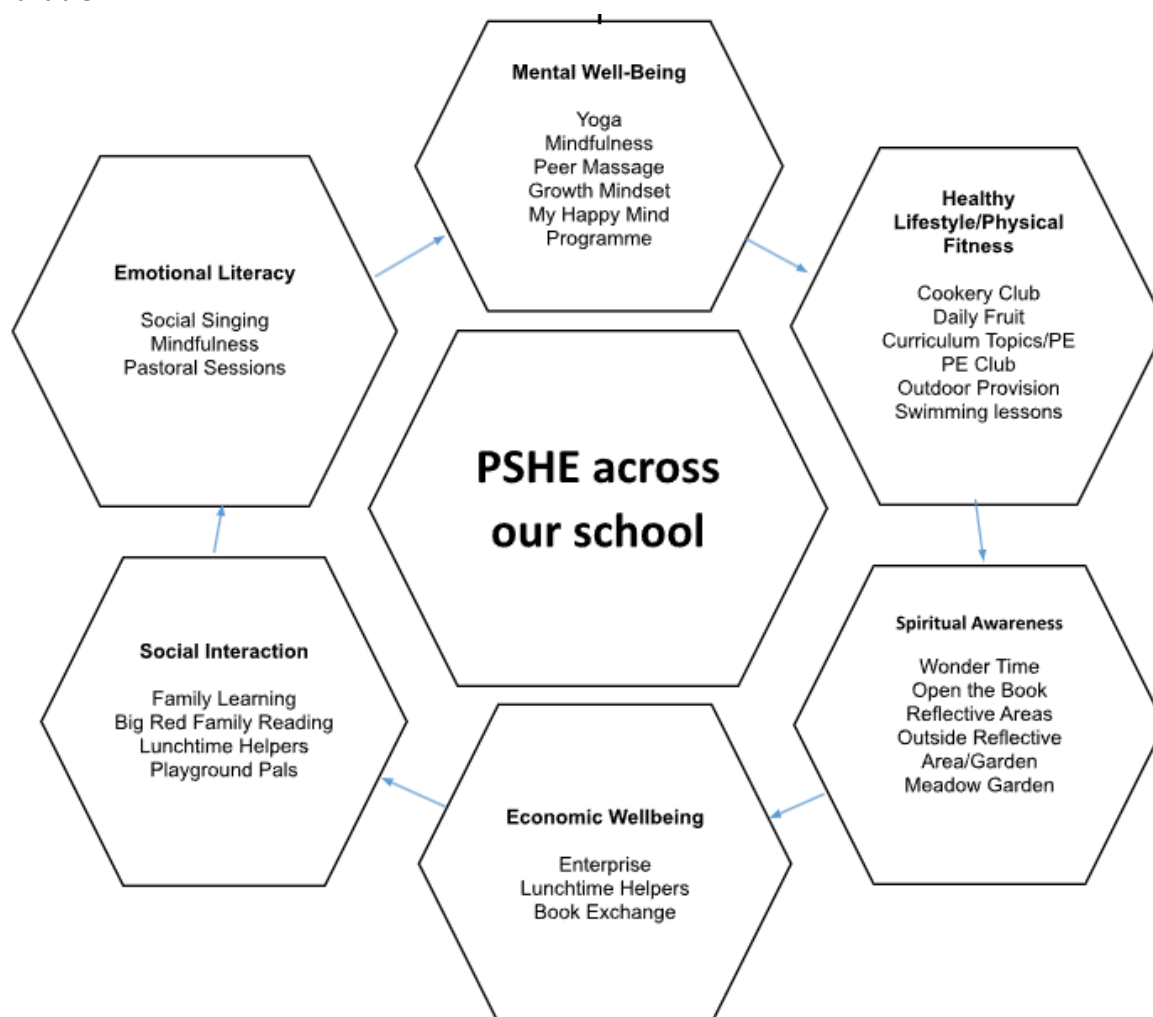
Learning and Teaching

Principles and Methodology

For many of the content covered within PSHE, children will bring to the classroom differing levels of knowledge and understanding. Often this prior learning can be more complex than we might assume. We will determine pupils' prior knowledge by considering previous teaching, cohort and individual experience. Teaching will use progression documents and their own relationships with and knowledge of their pupils to ensure that PSHE is taught in a tailored way for all pupils' needs. PSHE will be taught through a mixture of directed teaching time and wider life and learning opportunities. A range of teaching methods will be used, including; role playing, class and group discussions, pattern and individual learning and much more. We will help pupils make connections between learning and "real life" by allowing for opportunities for children to explore PSHE topics outside of their classroom and formal learning times.

PSHE is a far-reaching and broad topic and is therefore integrated into all aspects of the curriculum. Pupils will have access to multiple cross curricular opportunities across school to explore various

PSHE topics. See diagram below for more information about the wider school opportunities available.



Planning

Specific PSHE weekly teaching time will follow a tailored made programme of study which reflects our school community and contextual needs. This is split into 6 units which are covered across all year groups at age appropriate levels.

- Me within My World - Who am I and how do I fit in? Understanding my behaviour and my choices.
- People in My World - Respect for similarities and differences. Anti-bullying and being unique.
- Being Healthy and Safe within My World - Being and keeping healthy and safe.
- Growing up in My World - Coping positively with change. Me and my body as I grow.
- My Dreams and Goals - Aspirations, how to achieve goals and understanding emotions that go with this.

Outside of these lessons pupils will also spend time exploring contextual PSHE and safeguarding issues throughout the year. For further details on this please refer to our annual PSHE and Safeguarding Long Term Plan.

We also follow and implement the MyHappyMind programme to best support children's mental wellbeing and links well to all aspects of our PSHE and wider curriculum.

Timetabling

We allocate much curriculum time to PSHE education due to our cross curricular approach. Each week a minimum of 1 hour will be specifically allocated to direct PSHE education. This will usually be made up of Jigsaw content. Outside of this directed time, pupils will also have multiple opportunities to explore wider PSHE themes. Our PSHE education provision is mapped and planned effectively to ensure coverage and the meeting of all individual needs. Our provision is further enriched by the wider opportunities we offer to pupils and their families across our school life.

Assessment

Assessment within PSHE is not as straightforward as many other topics. We will assess learning and progression through class and individual discussions and pupils' work. We recognise that within PSHE it is not a simple "pass or fail" approach. We will consider what pupils have learnt and how they are demonstrating this learning within their wider lives and understanding, taking a broader approach to assessment.

Teaching Responsibility and Staff Training

The PSHE leader is Miss Katrina Ring. Our PSHE curriculum will be taught by class teachers and supported by all members of staff across the school. We believe in community and all work together towards supporting our pupils' personal development and growth.

Teachers responsible for teaching PSHE will receive training during staff meetings and CPD sessions. Ongoing support for all staff is available throughout the school day as and when it is required.

Confidentiality and Handling Disclosures

Due to the nature of PSHE education, pupil's learning may result in them seeking advice or support on specific personal issues. We will begin all lessons by setting the ground rules so everyone is aware of content that will be covered and expectations. We will ensure confidentiality by allowing safe spaces to talk and when necessary allow time outside of lessons for pupil's to seek support alone. If a pupil makes a disclosure all staff will follow proper safeguarding protocols when handling such situations.

Links to other school policies and area s of the curriculum

This policy supports and complements the following policies and curriculum documents

- Child Protection and Safeguarding Policy
- Anti-Bullying Policy
- Relationships and Sex Education Policy
- E-Safety Policy
- PSHE and Contextual Safeguarding Curriculum
- Computing Curriculum
- PE curriculum

Involving Parents and Carers

PSHE is strongest when there is communication and collaboration between school and home. We are committed to working with parents and carers in all areas of our school life. We offer support through our Pastoral Lead, our family learning and reading opportunities and regular contact at the end of the school day. We regularly communicate with parents and carers through the use of weekly whole school newsletters. We also send home half-termly class letters detailing topics that will be covered to encourage discussion of them at home.

This policy was reviewed and amended in September 2025.

To be reviewed September 2026.

This policy will be regularly by the PSHE lead and leadership team to ensure it continues to reflect our ever changing world and contextual issues.

K Ring