

Filey CE Nursery and Infants Academy

PE at our school.

School PE Lead: Catherine Withers

Our Weekly PE Teaching Offer

Our PE curriculum is inclusive and well sequenced, designed to meet Filey Infants' needs. It is planned from the National curriculum and is supported by Beyond the Physical curriculum (BtP).

- **Nursery pupils** - Nursery children have many opportunities to participate in PE lessons throughout the week. These sessions will include team building games and activities which are planned to support children in Nursery to develop their gross motor skills such as balance, hopping, skipping, jumping, coordination, etc.
- **Reception pupils** - Receive a one hour PE lesson a week teaching a key skill such movement, teamwork, evading, etc.
- **All EYFS pupils** - In addition to PE lessons, EYFS children have access to their outdoor provision each and every day. These are daily opportunities for children to develop their gross motor skills e.g. climbing, pushing, pulling, pedalling, etc.
- **KS1 pupils** - Receive 2 one hour PE lessons each week teaching a key skill. Children will revisit the same key skills each year however these lessons are planned to be progressive and develop skills further from EYFs to Year 1 to Year 2.
- **All KS1 pupils** - In addition to PE lessons, all children in KS1 receive a block of swimming lessons with a specialist swimming teacher in both Year 1 and Year 2.



Swimming

All pupils in KS1, children receive a block of swimming lessons with a specialist swimming teacher in both Year 1 and Year 2. Water safety is also taught to the children during these sessions. As a coastal town school we believe this to be very important.



"Every Child is a champion"



We perform and compete throughout the school year including:

- **Autumn Term:** Royal Ballet virtual workshop
- **Spring Term:** Gymnastics presentations
- **Summer Term:** Sports day

Developing a culture of sport:

In school we celebrate and promote an active and healthy lifestyle in many ways including:

- Promoting local sports clubs
- Healthy Selfie
- Royal Ballet workshop to introduce new sports to the children
- Celebrating sporting achievements both inside and outside of school



PE club

All children from Nursery through to Year 2 have the opportunity to participate in an afterschool PE club for a half term each year. This is free for all children to attend.

