



We offer a variety of support to build on your strengths by developing your skills, abilities and helping you overcome challenges

Our Keyworkers will help you identify and access support that is most meaningful to your situation.

This may include:

- ✓ Therapy/ Counselling
- ✓ Wellbeing/personal development activities
- ✓ Support to access English, Maths, Computer Skills
- ✓ Employability Skills, interview preparation, CV writing
- ✓ Domestic Abuse services
- ✓ Housing issues
- ✓ Volunteering opportunities
- ✓ Debt Help

Our service is for Adults 18+ who are unemployed parents or carers



You can call the Office on: **01723 373009** or Call/Text

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It's all about you

Inspiring Opportunities Scarborough

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