

Filey Infants PSHE and Safeguarding Curriculum Whole School Long Term Plan 2024-25

			EYFS			
EYFS	Autumn 1 Me Within My World	Autumn 2 People in My World Me and My Important People	Spring 1 People in My World My Friends	Spring 2	Summer 1 Being Healthy and Safe in My World	Summer 2 Growing Up in My World
Outline Content	Self-identity Understanding feelings Being in a classroom Being gentle Rights and responsibilities	Family life Friendships Breaking friendships Falling out Dealing with bullying Being a good friend Belonging to a family	Identifying talents Being special Families Where we live Making friends Standing up for yourself		Exercising bodies Physical activities Healthy food Sleep Keeping clean Safety	Bodies Respecting my body Growing up Growth and change Fun and fears Celebrations
Assessment Outcomes	Children will be assessed using the Development Matters Curriculum at each assessment phase. Aspects of PSHE will be found in PSED, C&L, PD and UW.					
Contextual Safeguarding Focus	Bonfire Night - safety - firework safety Halloween (being safe) (Halloween is not celebrated but the keeping safe at halloween must be taught) Staying safe in school - stranger danger, not opening doors, telling an adult if you see something strange Managing feelings and behaviour Road Safety - how to cross the road and use pavements, visit from Police Officers Anti-bullying Week (11th-15th Nov)- bullying focus		Healthy relationships Stranger Danger - wha safe when outside, how problem, a stranger, et Healthy Me - through f NSPCC Pants Rule	rc	Who can help us? - rel PSHE Keeping our bodies hed Sun Safe - using sunso Water Safe - keeping from RNLI Tolerance and underst through RE unit	ilthy reen and sun hats safe on the beach, visit
Christian Values that	Shine as lights in the	Shine as lights in the	Shine as lights in the	Shine as lights in the	Shine as lights in the	Shine as lights in the

underpin the curriculum	World & Love as Jesus Loves Us Community, Generosity and Thankfulness	World & Love as Jesus Loves Us Community, Compassion and Trust	World & Love as Jesus Loves Us Community, Courage and Perseverance	World & Love as Jesus Loves Us Community, Forgiveness and Justice	World & Love as Jesus Loves Us Community, Compassion, Friendship and Service	World & Love as Jesus Loves Us Community, Compassion, Friendship, Respect and Truthfulness
Special Events	World Mental Health Awareness Day (10th Oct)	Remembrance (11th Nov) Children In Need (15th Nov) Anti-Bullying Week (11th-15th Nov)	Safer Internet Day (11th Feb) Children's Mental Health Week (3rd-9th Feb)	Comic/Sport Relief (21st March)	Earth Day (22nd Apr)	Water Safety Week (14th-21st June)

			Year 1			
Year 1	Autumn 1 Me Within My World	Autumn 2 People in My World Me and My Important People	Spring 1 People in My World My Friends	Spring 2	Summer 1 Being Healthy and Safe in My World	Summer 2 Growing Up in My World
Outline Content	Feeling special and safe. Being part of a class. Rights and responsibilities. Rewards and feeling proud. Consequences. Owning the Learning Charter.	Belonging to a family Making friends/being a good friend. Physical contact preferences. People who help us. Qualities as a friend and person. self-acknowledgemen t. Being a good friend to yourself. Celebrating special relationships.	Similarities and differences. Understanding bullying and knowing how to deal with it. Making new friends. Celebrating the differences in everyone.		Keeping myself healthy. Healthier lifestyle choices. Keeping clean. Being safe. Medicine safety/safety with household items. Road Safety. Linking health and happiness	Life cycles - animal and human. Changes in me. Changes since being a baby. Differences between female and male bodies (correct terminology). Linking growing and learning. Coping with change. Transition.

Assessment Outcomes	No assessment	I can tell you why I appreciate someone who is special to me. I can express how I feel about them.	I can tell you some ways that I am different from my friends. I understand that these differences make us all special and unique.		I can tell you why I think my body is amazing and can identify some of the ways to keep it safe and healthy. I can recognise how being healthy helps me to feel happy.	I can identify the parts of the body that make boys different from girls and can use the correct names for these: penis, testicles, vagina. I respect my body and understand which parts are private.
Contextual Safeguarding Focus	Mental Health Awareness Day (10th October) Bonfire Night - safety - firework safety Halloween (being safe) (Halloween is not celebrated but the keeping safe at halloween must be taught) Staying safe in school - stranger danger, not opening doors, telling an adult if you see something strange Managing feelings and behaviour Online safety - passwords are private, safety on the internet Road Safety - how to cross the road and use pavements, visit from Police Officers Anti-bullying Week (11-15th Nov) - Bullying		Healthy relationships Stranger Danger - what to do if, how to feel safe when outside, how to deal with a problem, a stranger, etc Safer Internet Day (11th Feb) - national focus and school focus Healthy Me - through PSHE NSPCC PANTS rule		Who can help us? - relationships work in PSHE Keeping our bodies healthy Girls and Boys bodies (identifying body parts) Sun Safe - using sunscreen and sun hats Water Safe - keeping safe on the beach, visit from RNLI Tolerance and understanding - taught through RE unit NSPCC Speak Out Stay Safe Medicine and household item safety	
Christian Values that underpin the curriculum	Shine as lights in the World & Love as Jesus Loves Us Community, Generosity and Thankfulness	Shine as lights in the World & Love as Jesus Loves Us Community, Compassion and Trust	Shine as lights in the World & Love as Jesus Loves Us Community, Courage and Perseverance	Shine as lights in the World & Love as Jesus Loves Us Community, Forgiveness and Justice	Shine as lights in the World & Love as Jesus Loves Us Community, Compassion, Friendship and Service	Shine as lights in the World & Love as Jesus Loves Us Community, Compassion, Friendship, Respect and Truthfulness
Special Events	World Mental Health	Remembrance (11th	Safer Internet Day	Comic/Sport Relief	Earth Day (22nd Apr)	Water Safety Week

Awareness Oct)	S Day (10th Nov) Children In Need (15th Nov) Anti-Bullying Week	(11th Feb) Children's Mental Health Week (3rd-9th Feb)	(21st March)	(14th-21st June)
	(11th-15th Nov)	(3rd-9th Feb)		

	Year 2							
Year 2	Autumn 1 Me Within My World	Autumn 2 People in My World Me and My Important People	Spring 1 People in My World My Friends	Spring 2	Summer 1 Being Healthy and Safe in My World	Summer 2 Growing Up in My World		
Outline Content	Hopes and fears for the year. Rights and responsibilities. Rewards and consequences. Safe and fair learning environment. Valuing contributions. Choices. Recognising feelings.	Different types of family. Physical contact boundaries. Friendship and conflict. Secrets. Trust and appreciation. Expressing appreciation for special relationships.	Assumptions and stereotypes about gender. Understanding bullying. Standing up for self and others. Making new friends. Gender diversity. Celebrating differences and remaining friends.		Motivation. Healthier choices. Relaxation. Healthy eating and nutrition. Healthier snacks and sharing food	Life cycles in nature. Growing from young to old. Increasing independence. Differences in female and male bodies (correct terminology). Assertiveness. Preparing for transition to Junior School.		
Assessment Outcomes	No assessment	I can identify some of the things that cause conflict between me and my friends. I can demonstrate how to use the positive problem solving techniques to resolve conflicts with my friends.	I can explain some of the ways I worked cooperatively in my group to create the end product. I can express how it felt to be working as part of this group.	I can make some healthy snacks and explain why they are good for my body. I can express how it feels to share healthy food with my friends.	I can identify some ways in which my friend is different from me. I can tell you why I value this difference about him/her.	I can recognise the physical differences between boys and girls bodies, using the correct names for the parts of the body (penis, testicles, vagina) and appreciate that some parts of the body are private. I can tell you what I		

						like/don't like about being a boy/girl.
Contextual Safeguarding Focus	Mental Health Awareness Day (10th October) Fire safety - Bonfire Night, including firework safety Stranger danger - in school and outside of school Personal hygiene - keeping clean and healthy Online safety - passwords are private, safety on the internet Follow the digital trail - digital footprints Road Safety - visit from Police Officers Anti-bullying Week - bullying focus, Bullying what is it and what can I do? Can you tell what someone believes by what they look like?		Healthy relationships Stranger Danger Safer Internet Day (11th Feb) - national focus and school focus Healthy Me - through PSHE NSPCC PANTS rule		Keeping safe (physical contact) Secrets Healthy relationships - my body/your body, safe touching Keeping our bodies healthy Sun Safe - using sunscreen and sun hats Water Safe - keeping safe on the beach, visit from RNLI NSPCC Speak Out Stay Safe Managing risks Medicine and household item safety	
Christian Values that underpin the curriculum	Shine as lights in the World & Love as Jesus Loves Us Community, Generosity and Thankfulness	Shine as lights in the World & Love as Jesus Loves Us Community, Compassion and Trust	Shine as lights in the World & Love as Jesus Loves Us Community, Courage and Perseverance	Shine as lights in the World & Love as Jesus Loves Us Community, Forgiveness and Justice	Shine as lights in the World & Love as Jesus Loves Us Community, Compassion, Friendship and Service	Shine as lights in the World & Love as Jesus Loves Us Community, Compassion, Friendship, Respect and Truthfulness
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